

Review

## Therapeutic receptor targets of ischemic preconditioning

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### Abstract

This review focuses on target receptors that have been shown to have the potential to mimic the cardioprotective effect of ischemic preconditioning (IPC). There is an abundance of information concerning the intracellular mechanisms and membrane-bound receptors responsible for IPC. Important intracellular mediators of this cardioprotection likely reside in the activation of multiple kinase cascades. The major players in IPC are thought to include protein kinase C, tyrosine kinases, and members of the mitogen-activated protein kinase signaling family and these topics will be covered in more detail in other papers of this focused issue. However, many of these kinase-mediated mechanisms are triggered by the activation of transmembrane spanning receptors, some of which may be manipulated therapeutically to induce cardioprotection in humans with unstable angina or who are at risk for myocardial infarction. In this review, we will discuss the evidence supporting the possibility of manipulating several of these G protein-coupled receptors as potential therapeutic targets. Stimulation of numerous receptors has been targeted as possible triggers for IPC. Some of those that have been identified include  $A_1$  adenosine,  $\alpha_1$  adrenergic,  $M_2$  muscarinic,  $B_2$  bradykinin,  $\delta_1$  opioid,  $AT_1$  angiotensin, and endothelin-1 receptors. In general, these receptors are thought to couple to inhibitory G proteins. In this review, we will focus on the most likely therapeutic candidates for cardioprotection, namely adenosine, opioid, and bradykinin receptors since selective agonists and antagonists, either alone or in combination, have most often been shown to mimic or block IPC in numerous animal models and man, respectively. This is not meant to completely rule out other receptors since it is clear that IPC is a phenomenon with multiple pathways that appear to be responsible for the cardioprotection observed.

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### 1. Adenosine receptors as therapeutic targets of cardioprotection

Adenosine is generated in the heart at high levels during myocardial ischemia from the metabolism of ATP. It has numerous physiological actions in the cardiovascular system, which were first described by Drury and Szent-Gyorgi in 1929 [1]. Adenosine produces vasodilation by interacting with  $A_{2A}$  adenosine receptors in smooth muscle cells, decreases heart rate by interacting with  $A_1$  adenosine receptors in the sino-atrial node, and causes negative inotropy by interacting with  $A_1$  adenosine receptors in ventricular cardiomyocytes. All of these actions of adeno-

sine are beneficial in the ischemic myocardium by improving the oxygen supply–demand balance.

In 1991 [2], it was first demonstrated that another action of adenosine is to induce adaptive mechanisms that increase the intrinsic resistance of the heart to subsequent ischemic insults, i.e. to trigger IPC. Liu et al. [2] demonstrated that the cardioprotection induced by IPC can be abrogated by the administration of nonselective adenosine receptor antagonists, implicating that adenosine produced during IPC acts on cell-surface receptors to induce the adaptive response. Subsequent studies have implicated the  $A_1$  adenosine receptor as being most important in preconditioning, based on the observations that exogenous administration of agonists selective for the  $A_1$  receptor can induce cardioprotection similar to IPC [2]. While these initial findings pointed towards an exclusive role of

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adenosine in mediating IPC, subsequent work has shown that multiple factors are capable of inducing IPC including bradykinin and opioids, and that the relative importance of these mediators depends on the duration and the number of preconditioning cycles [51].

IPC is well known to consist of two phases, an early phase that appears immediately ('classical' preconditioning) and a delayed phase known as the 'second window' of protection. Baxter et al. [3] first characterized the time-course of the second phase of IPC and demonstrated that it appears 24, 48 and 72 h following brief periods of preconditioning ischemia. This time-course and duration of the second window of IPC implicates the involvement of *de novo* synthesis of cardioprotective proteins as a primary mechanism of the phenomena. Proteins known to be important in mediating the second window of protection include nitric oxide synthase, cyclooxygenase-2, heat shock proteins, and Mn-superoxide dismutase [4]. Similar to the early phase of IPC, adenosine also triggers the second phase of IPC, which appears to involve A<sub>1</sub> adenosine receptors [5]. Interestingly, however, although the second phase of IPC can protect against myocardial infarction as well as against myocardial stunning, adenosine receptor antagonists only block the effect of IPC against infarction [6,7]. Thus, adenosine plays a selective signaling role in the development of the second phase of IPC against irreversible ischemic injury, but not against reversible injury.

The discovery of adenosine as a trigger of IPC renewed interest in the therapeutic potential of adenosine as a cardioprotective agent. Previously, adenosine has been considered for use in cardioplegic solutions [8], during coronary angioplasty [9,10], and as an adjunct to thrombolytic therapy [11] where it acts acutely to reduce ischemic injury or to reduce injury caused by reperfusion. Indeed, the results of the AMISTAD trial [11] suggest that administration of adenosine or adenosine receptor mimetics may be useful in the treatment of acute myocardial infarction by attenuating reperfusion injury. The observation that adenosine also induces IPC opened the possibility that adenosinergic agents could potentially be administered continually to induce the heart into a preconditioned state, and thus provide protection if an ischemic event occurs. Since treating with agents prior to ischemia typically provides a more robust cardioprotective effect compared with therapies applied during reperfusion, it would be expected that adenosine agonists acting as preconditioning mimetics could significantly improve therapies currently available for patients with ischemic heart disease. One of the problems associated with this treatment approach, however, is that continued use of adenosine receptor agonists may result in the loss of efficacy due to receptor desensitization/down-regulation. Indeed, this problem has been encountered in experimental animal studies [12,13], where chronic administration of an adenosine receptor agonist not only negated the beneficial

effects of the agonist but it also resulted in the loss of the protective effects of IPC. To avoid this problem of receptor inactivation, Dana et al. [14] devised a treatment regimen in rabbits in which the A<sub>1</sub> adenosine receptor agonist CCPA (2-chloro-*N*-[6]-cyclopentyladenosine) was administered every other day. It was hypothesized that this protocol would provide sustained cardioprotection by repeated activation of the second window of protection, but that the low frequency of drug administration would not result in receptor inactivation. After treating rabbits every 48 h for 10 days with CCPA, it was found that the hearts continued to be protected (infarct size was reduced ~42%) and the hemodynamic responses to the agonist remained intact [14]. Thus, it may be possible to take advantage of the long period of protection provided by adenosine receptor agonists (or other agonists capable of inducing preconditioning) to overcome problems often associated with the use of agonists of G-protein-coupled receptors as therapeutic agents.

Systemic side effects pose another obstacle towards the use of adenosine receptor agonists as preconditioning mimetic agents. A<sub>1</sub> adenosine receptor agonists produce substantial hemodynamic effects including bradycardia and hypotension, which limit the widespread clinical use of these agents. However, it should be noted that full dose-response curves with A<sub>1</sub> adenosine receptor agonists focused on cardioprotection have yet to be performed. Since the potency of agonists to mediate a response depends on the number of receptors that are expressed and their coupling efficiency within specific tissues [15–17], it is possible that a cardioprotective response could be achieved with A<sub>1</sub> adenosine receptor agonists at low doses that do not affect systemic hemodynamics.

More recently, agonists with high potency for the A<sub>3</sub> adenosine receptor (principally *N*<sup>6</sup>-(3-iodobenzyl)adenosine-5'-*N*-methylcarboxamide, IB-MECA) have been tested in animal models of ischemia-reperfusion injury [7,18,19]. Although the A<sub>1</sub> adenosine receptor has been implicated as the primary receptor involved in IPC, it has recently been proposed that the A<sub>3</sub> adenosine receptor is expressed in the myocardium and that activation of this receptor may also induce a preconditioning response, based on studies with embryonic chick cardiomyocytes as well as mammalian myocardium [20–23]. In a conscious rabbit model, pretreatment with IB-MECA was found to provide marked protection against myocardial stunning and myocardial infarction [19]. In addition, IB-MECA was shown to induce a second window of cardioprotection [7], which provided protection against myocardial infarction that was similar in magnitude to that produced by CCPA. Remarkably, in all of these studies IB-MECA was effective at doses (100–300 µg/kg) that produced no detectable changes in heart rate or arterial blood pressure [7,18,19]. Taken together, these studies support the concept that adenosine receptor agonists can be effective as cardioprotective agents at hemodynamically

inert doses. These studies also suggest that therapies targeting the A<sub>3</sub> adenosine receptor may be useful in the clinical setting. It should be noted, however, that IB-MECA has recently been shown to be only moderately selective for the A<sub>3</sub> adenosine receptor [7], suggesting that it may act *in vivo* via other adenosine receptor subtypes. Thus, additional studies with more selective A<sub>3</sub> receptor agonists and antagonists are needed to define more clearly the importance of this receptor in the ischemic myocardium. Furthermore, it has been shown that infarct size is reduced in A<sub>3</sub> receptor knockout mice, implicating that the A<sub>3</sub> adenosine receptor may also produce deleterious actions in the ischemic myocardium via mechanisms that remain unclear [24,25].

## 2. Opioid receptors as therapeutic targets of cardioprotection

Traditionally, the importance of opioid receptor agonists and antagonists has focused on the treatment of pain. However, it has been recently found that the heart may be modulated by opioids both in physiological and pathophysiological states [26]. Additionally, it is now known that the heart is an abundant source of opioid precursors and it has been suggested that the heart, due to its limited capacity to store opioid peptides, may actually be an endocrine organ that supplies the rest of the body with enkephalins.

### 2.1. Opioids in myocardial protection

The first evidence of the importance of opioid receptors as an integral component of preconditioning-induced cardioprotection was published in 1995. Schultz et al. [27] demonstrated that naloxone, a nonspecific opioid receptor antagonist, could blunt the cardioprotective effects of IPC in a rat model. The following year, the same group demonstrated that infusion of morphine in the absence of IPC could induce cardioprotection in the *in vivo* rat heart [28]. While probing the identity of the receptor subtype responsible for IPC, Schultz et al. [29] demonstrated that the effect of IPC to reduce infarct size was mediated by the  $\delta_1$ -, but not the  $\delta_2$ -,  $\mu$ - or  $\kappa$ -opioid receptors since the effects of IPC were blunted by the selective  $\delta_1$ -receptor antagonist, BNTX, but not the  $\delta_2$ -antagonist, naltriben. Additionally, they demonstrated that cardioprotection was not induced by the administration of multiple doses of the selective  $\mu$ -agonist, DAMGO, and that IPC was not attenuated by the  $\mu$ -antagonist,  $\beta$ -FNA [29]. Finally, they excluded the involvement of the  $\kappa$  receptor since two doses of the  $\kappa$ -selective antagonist, nor-BNI, could not reverse the effects of IPC to reduce infarct size [29]. Later, Miki et al. [30] demonstrated in a rabbit model that opioids contribute to cardioprotection via a PKC-sensitive mecha-

nism. The effect of opiates to induce cardioprotection was also found to be mediated by a peripheral, rather than a centrally acting mechanism [31,32] and may be related to the ability of opiates to attenuate neutrophil activation [33] which likely contributes to cell death following myocardial reperfusion. Additionally, in a porcine model of myocardial ischemia, Schulz et al. [34] demonstrated the importance of endogenous opioids in myocardial salvage since naloxone could abolish cardioprotection induced by IPC as assessed by infarct size reduction.

More recently, the contribution of the  $\delta_1$ -opioid receptor to cardioprotection has been shown to be induced by the  $\delta_1$ -selective agonist, TAN-67, both in an *in vivo* rat model [35] and in a model of isolated chick cardiomyocytes [36]. In chick myocytes, TAN-67 application protected cells from hypoxia and reoxygenation as assessed by a pronounced reduction in the percentage of cells killed and the amount of creatine kinase release versus control cells. This effect was also shown to be mediated by PKC and K<sub>ATP</sub> channel activation [36].

Additionally, Fryer et al. [37] have demonstrated that TAN-67 is anti-arrhythmic during myocardial ischemia as assessed by arrhythmia score and completely abolished the incidence of ventricular fibrillation during coronary artery occlusion and reperfusion in rats. Similarly, Pepe et al. [38] have demonstrated that the  $\delta$ -opioid receptor agonist, leucine enkephalin, inhibited  $\beta_1$ -adrenoceptor stimulation of adenylate cyclase, and that  $\beta_1$ -adrenoceptor/ $\delta$ -opioid receptor 'cross-talk' occurs via a pertussis toxin sensitive G-protein. Since cAMP production is thought to be a major factor contributing to arrhythmias [39], this may also suggest that  $\delta$ -opioid receptor stimulation is anti-arrhythmic. Therefore, considerable evidence exists in animal models that suggest that opioids induce potent cardioprotection, and there is evidence that this may occur in humans [40].

Recently, evidence has been presented to suggest the importance of the  $\kappa$ -receptor in opioid-induced cardioprotection. Although this is in opposition to many reports of  $\delta$ -mediated cardioprotection and to that originally found by Schultz et al. [29], it is not certain which receptor subtype is responsible for cardioprotection in humans. Wang et al. [41] demonstrated that U50,488H, a selective  $\kappa$ -receptor agonist, induced cardioprotection and was anti-arrhythmic during myocardial ischemia. Furthermore, they suggested that stimulation of the  $\delta$ -receptor was not a component of IPC [41]. This is difficult to reconcile with the findings of Fryer et al. [37] who demonstrated that the  $\delta_1$  agonist, TAN-67 was anti-arrhythmic and two other reports which both suggested that stimulation of the  $\kappa$  receptor is proarrhythmic [42,43]. Additionally, a recent report by Aitchison et al. [44] suggested that  $\kappa$ - and  $\delta$ -receptors had opposing effects during myocardial infarction in the isolated rat heart whereby  $\kappa$ -receptor activation exacerbated infarct size and  $\delta$ -receptor activation mediated a marked reduction in infarct size.

## 2.2. Opioids and the ‘second window’ of cardioprotection

IPC also induces a ‘second window’ of cardioprotection. Following the demonstration that adenosine could pharmacologically mimic this cardioprotection, Fryer et al. [45] demonstrated that TAN-67, a  $\delta_1$ -opioid agonist, could also induce cardioprotection during this delayed phase. They demonstrated that stimulation of this receptor induced cardioprotection 24 h later that was maximal at 48 h. However, unlike that of IPC [3], cardioprotection following opioid administration faded by 72 h. Interestingly, they also demonstrated that this was dependent upon  $\delta_1$  receptor stimulation immediately following administration of the opioid agonist and upon receptor reoccupation immediately prior to index ischemia [45]. It was later shown that this cardioprotective effect was mediated by the activation of the MAP kinases, ERK and p38 [46].

## 2.3. Evidence in humans

Opioids are thought to mediate cardioprotection in rats [47], pigs [34], and rabbits [30]. Tomai et al. [48] have demonstrated in humans that opioids also are likely to mediate preconditioning. They demonstrated that naloxone could abrogate the reduction in ST-segment elevation normally observed during a second balloon inflation during coronary angioplasty. Additionally, they demonstrated that in naloxone-treated patients, the severity of cardiac pain and time to pain onset at the end of the second balloon inflation were similar to that of the first inflation, while in placebo-treated patients the severity of cardiac pain during the second inflation was reduced and the time to onset of pain was lengthened versus the first inflation [48]. This suggests a preconditioning-like effect in humans undergoing coronary angioplasty that could be attenuated by the opioid antagonist naloxone. Bell et al. [40] have also demonstrated that  $\delta$ -opioid receptor stimulation mimics IPC in human atrial trabeculae and could induce protection to a similar extent as that obtained via IPC. They showed that the  $\delta_1/\delta_2$  agonist, DADLE, induced cardioprotection against simulated ischemia and reoxygenation as determined by an increase in developed force, an effect which could be abolished by a mitochondrial  $K_{ATP}$  channel antagonist, 5-HD [40]. Interestingly, it has also been demonstrated that morphine administration to patients with acute myocardial infarction attenuated neutrophil activation via an increase in neutrophil endopeptidase and a decrease in the shedding of L-selectin and ICAM-1 [49].

## 2.4. Current clinical use of opioid receptor agonists

Opioid analgesics are widely used for the treatment of pain. Commonly utilized opioid agonists in clinical medicine include morphine, levorphanol, meperidine, fentanyl, and methadone. Although these agents are predominately

$\mu$ -opioid receptor agonists, cross-talk with  $\delta$ -opioid receptors has been demonstrated to occur. However, the FDA has not approved these drugs for use in patients with unstable angina or who are predisposed to myocardial infarction. This is likely to be due to the limited research in humans concerning the importance of opioid receptors in the myocardium and the high potential for dependence, abuse, and respiratory depression. Future avenues of research should focus on the identification of orally-active compounds with high  $\delta$ -opioid receptor affinity to be used as cardioprotective agents since such drugs are currently lacking.

## 3. Bradykinin receptors as therapeutic targets of cardioprotection

Wall et al. [50] first demonstrated in 1994 the importance of bradykinin in myocardial preconditioning. They demonstrated in an open-chest rabbit model that the bradykinin  $B_2$  receptor antagonist, HOE 140, could abolish the protective effects of IPC suggesting that bradykinin may be a physiological mediator of IPC [50]. Additionally, they demonstrated that intra-atrial infusion of bradykinin (250  $\mu\text{g}/\text{kg}/\text{min}$ ) prior to ischemia and reperfusion reduced infarct size in the absence of IPC, an effect that could be blocked by pretreatment with HOE 140 [50]. Later, Goto et al. [51] demonstrated in an in situ rabbit heart preparation that HOE 140 abolished IPC-induced cardioprotection when administered before a single cycle IPC stimulus, but not when administered after preconditioning before the index ischemia. They also demonstrated that the effect of HOE 140 could be overcome following multiple cycles of preconditioning which suggested that bradykinin is only one of several substances that are important for triggering IPC [51]. Brew et al. [52] demonstrated that administration of exogenous bradykinin improved functional recovery as assessed by an increase in developed pressure and  $dP/dt$  and a reduction in LVEDP after ischemia and reperfusion.

There is likely a release of bradykinin from the ischemic myocardium during the IPC stimulus, acting as an endogenous trigger of cardioprotection. That bradykinin is released from ischemic tissue was first demonstrated by Matsuki et al. [53] in 1987. More recently, Schulz et al. [54] demonstrated that IPC induced by 2, 3 and 10 min of ischemia induced an increased resistance against prolonged ischemia that was positively associated with an increase in interstitial bradykinin concentration as determined by microdialysis and radioimmunoassay. Recently, Pan et al. [55] corroborated this finding by demonstrating that bradykinin released during prolonged ischemia was actually enhanced in animals previously subjected to IPC versus nonpreconditioned controls.

Utilizing the commonly prescribed antihypertensive agent, losartan, Sato et al. [56] demonstrated that blockade

of the angiotensin II type 1 receptor is cardioprotective and can reduce the extent of infarct size and myocyte apoptosis while improving myocardial function. Additionally, it has been demonstrated that ACE inhibitors, like captopril, are also cardioprotective during ischemia [57]. In fact, it has been reported that ACE inhibitors may preserve bradykinin and therefore potentiate the cardioprotective effects of IPC via bradykinin B<sub>2</sub> receptor activation. More recently, Schriefer et al. [58] found that ramiprilat and an endopeptidase inhibitor, cFP-AAF-pAB, produced a long-lasting protection against myocardial infarction in rabbit hearts following 3–7 days of reperfusion. These results suggest that administration of inhibitors of bradykinin-inactivating enzymes can produce a sustained cardioprotective effect. However, in spite of these encouraging results, the above studies have all been performed in animal models of myocardial infarction. However, a recent clinical study published by Leesar et al. [59] has shown that intracoronary infusion of bradykinin preconditions human myocardium against ischemia as effectively as ischemia per se in patients undergoing coronary angioplasty. These beneficial effects occurred in the absence of hemodynamic changes and suggest that bradykinin may be used prophylactically to mimic ischemic PC in humans undergoing PTCA.

In conclusion, this review has only focused on three receptors which have been shown to be triggers of IPC, adenosine, opioid, and bradykinin receptors. These receptors appear to be the ones closer to clinical use as preconditioning mimetics since drugs that mimic or enhance the activation of these receptors are already clinically available and include adenosine, morphine, and ACE inhibitors. There may be other possible receptors or drug targets which have not been included in this review which may also prove to be potential therapeutic targets for future investigation. Since multiple receptors are likely to work in concert to produce IPC, an approach which may be particularly attractive includes the use of combinations of two or more of these preconditioning mimetics for maximal clinical efficacy. In this way, smaller nontoxic doses of each drug may have synergistic effects to produce cardioprotection and in this way reduce the risk of drug interactions or toxicity.

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